



CrossFit Tay Ho
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CrossFit Tay Ho in Hanoi is looking for a **Lead Trainer and Programmer**

About CrossFit Tay Ho in Hanoi

CrossFit Tay Ho is looking for a Lead Trainer to run our box and workout program. This is a fantastic opportunity to work in the home of Crossfit in Vietnam, located in the crazy, vibrant city of Hanoi. Founded in 2014, we are a small but dedicated member-run box with a strong community. If you are a motivated, flexible, responsible coach with a sense of adventure then this will be the job for you!

Responsibilities

- Programming interesting and varied workouts, which can be scaled for all abilities and skill levels. The trainer will have freedom to program and plan the WODs according to her/his experience and personal approach. However, the box management reserves the right to set some minimum requirements or guidelines for workouts (e.g. to continue long-term approved standards or workout elements).
- Lead member WODs according to the agreed schedule.
- Train and mentor assistant coaches - foster a collaborative and integrated approach among coaching team.
- Lead special events (i.e. community throwdown, monthly challenge, Crossfit Open WODs, etc.).
- Day-to-day operations such as the opening and closing of the gym according to pre-set guidelines.
- Support the box management with administrative tasks such as: Collecting membership fees and transferring them to the financial manager, keeping a list of members and drop-ins taking part in the classes, collecting and transferring money from merchandising purchases during workouts.
- Support the box management with marketing tasks such as: Promoting membership and membership options with new starters and drop-ins, supporting the social media work and merchandising activities (FB group postings, promotion events etc.).



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- Give special attention to starters and new members and help them to feel comfortable. Create and run foundation classes for new members as and when required (no more than once a month).

Competencies/Work Experience

- The trainer must be CrossFit Level 1 with at least one year training experience. CrossFit Level 2 with additional certifications (i.e. weightlifting, gymnastics, etc.) and two or more years training experience is preferred.
- Ability to work with beginning to intermediate athletes.
- Must have strong interpersonal skills, a desire to form relationships with the community and coaching team, and be willing to participate in community activities.
- Must be highly motivated and responsible.
- Must have outstanding communication skills including email, public speaking, and small group interactions.

What we offer

- First of all: A fun and rewarding work experience in a great CrossFit community in Vietnam!
- A work contract for 12-months to start July or August 2018.
- A fair salary that provides a good standard of living in the capital of Vietnam.
- Guaranteed minimum payment for 20 hours a week.
- Opportunities to make additional money through personal training.
- Financial and administrative support with Visa application.
- Financial support towards accommodation costs.
- Paid leave as well as Vietnamese public holidays.

How to apply

If you are interested please send your CV with a photo and a short cover letter showing your motivation to work at CF Tay Ho to: crossfittayho@gmail.com